



**Cooperative Christian
Ministries + Clinic**

Celebrating 20 years of Helping and Healing

“Sometimes ^{the} **only**
difference
between a
SUCCESSFUL ^{person}
and an ^{unsuccessful} one
is the **PEOPLE**
they have **AROUND THEM.**”

A Very **BIG THANK** you to everyone that

supported CCMC on Arkansas Gives Day held April 6th!

We do appreciate you so much!

United Way's Day of Caring And Another Big Thank You To United Way

CCMC was once again delighted and grateful to be a part of United Way's Day of Caring on April 27, 2017. CCMC relies on volunteer help for so many vital duties at the clinic and some things that are important, but not health-care related. This year, during this Day of Caring, we got a chance to get caught up with some much-needed yard/exterior clean-up.

So...thank you United Way and Day of Caring volunteers for helping us put our best face forward as people drive up to/or by our building. We loved having you here!



**National Park
College
Faculty/Staff**

Left: Eric Broadway

Right:
Tamara St. Marthe





Dave Johnston
Right at Home, In Home Care and Assistance



Lynn Blankenship
CCMC, Executive Director

Job Fair to be Hosted by Oaklawn

May 22, 2017

A Job Fair will be hosted by Oaklawn on **May 22, 2017** for Getting Ahead graduates, *at Oaklawn*, from 11:00 a.m. to 3:00 p.m. We encourage all GA graduates to contact CCMC by **May 15**, at 501.318.1153, ext. 104, if they would like more information and/or would like to participate.

A Message from Lt. Cosgrove Garland County Detention Center

We are blessed to have so many amazing volunteers at the detention center doing God's work. It was wonderful seeing this young man who completed the Getting Ahead While Getting Out program provided by CCMC. Peter has turned his life around and is leaving today to attend welding school in another state. He is looking forward to a successful career.

We serve an awesome God ❤️



We want to take this opportunity to give CCMC's thanks to the staff and officers at Garland County Detention Center for hosting Getting Ahead While Getting Out and for all you do everyday!

Getting Ahead Graduates Helping Each Other

A moving party was held for GA graduate Brenda Hughes on Saturday, April 22, and some Getting Ahead alumni showed up to make the move easier. Brenda graduated Getting Ahead in May, 2015; she was in the first Getting Ahead class held in Hot Springs.

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Pictured Left to Right: Byron Blair, Charlie Caldwell, GA grad Brenda Hughes, GA grad Lori Donnor, and Bill Curry. **Not pictured:** GA grads Dawne Loveday and Tina Knight.



Monthly Information Breakfast Meetings Continue

The next meeting will be on **May 17...**
Please mark your calendar!

CCMC continues the monthly Bridge to Hope Information Breakfast meetings on the 3rd Wednesday each month, 8:00-9:30 a.m., at the Hot Springs Chamber of Commerce. The next breakfast meeting will be held May 17.

Please plan to attend one of these sessions to learn more about how we can all help our community...and its citizens...move forward to sustainability. It will be 90 minutes well spent.

Please call 501.318.1153, ext. 303, to reserve your place or contact us at awilson@ccmchs.com. We will save you a spot!

What is Getting Ahead?

Getting Ahead in a Just-Gettin'-By World is a book and a 45-hour workshop that helps individuals in poverty build their resources for a more prosperous life for themselves, their families, and their communities.

For Those Interested in Mentoring a Getting Ahead Graduate

There is an orientation opportunity the second Thursday each month at 11:00 a.m.-12:00 noon at CCMC. The next mentoring orientation session will be held on **May 11**. We hope to see you there!

This is the first step in the training process and is a good way to explore your interest in filling this vital role for Getting Ahead graduates.

In-Depth Mentoring Training Held in April

The second step in the mentor initiation process is an in-depth six-hour mentor training. One of these training sessions was held on April 22nd, from 9:00 a.m. to 3:00 p.m., for people who are interested in mentoring graduates of Getting Ahead in a Just-Gettin'-By World and Getting Ahead While Getting Out.

This training was held at First United Methodist Church and was conducted by Mike and Deby Prince and Jill Johnson.

Participants of this six-hour training class receive an overview of what the GA and GAWGO investigators work through while they are participating in these processes.

This training session also gives an opportunity for the trainers to share mentoring guidelines and to answer questions.

If you are interested in mentoring, please look for this training when it comes up again in the future. This mentoring training will be held several times during the year.

There is always a need for people who are willing to step forward to extend a hand of friendship to our graduates as they make the transition to sustainability.



Our Spotlight on CCMC Staff and Volunteers

The spotlight this month is on Tammy Hill, CCMC's Administrative Assistant.

Born: Huntington, IN

Been in Hot Springs: Tammy and her family have lived in Royal, Arkansas for the past 9 years, having moved here from Bryant, Arkansas where they had lived for 8 years.

Family: Tammy's husband, retired from the Air Force, currently works as Director of Supply Chain at Triumph Fabrications. They have two sons; one in high school and one in college, who will graduate in December 2017.

Pets: The Hill family has one cat and one dog (a Chihuahua/terrier mix) who have indoor privileges, two outside dogs (labs), and one cat who must be in charge because it gets to be inside...and outside!

Her favorite thing about CCMC: She likes being part of a team that is helping people who cannot get help elsewhere.

Work History: Tammy is a retired RN and volunteered at CCMC in that capacity in 2013. She came to work at CCMC in November 2016. In addition to her administrative assistant duties, she works at the medical appointment check-out window.



One of our favorite things about Tammy is that she is always smiling! Tammy, thank you for all you do!

CCMC Speakers Always Ready to Share the Bridge to Hope and Getting Ahead Stories

If you would like to have a CCMC representative come to your business or organization to talk about Bridge to Hope in Hot Springs and the Getting Ahead stories, please contact Lynn Blankenship at lynn@ccmchs.com or call her at

The Getting Ahead story is about building resources, removing barriers, and supporting the journey from poverty to sustainability for those in our community who want to benefit from this process. The results...a better workforce, a new group of people to contribute to the community, and stronger families.

Ongoing Needs at CCMC

CCMC has many ongoing needs. In addition to volunteer help, which is always needed and appreciated, other needs are:

- Prayer support
- Financial support for overhead costs (utilities, medication, etc.)
- Office supplies (paper, pens, notepads, etc.)
- Paper towels, napkins
- Paper plates, cups
- Disinfectant wipes

Costs involved with Getting Ahead include:

- Classroom supplies for an entire class (16 participants) - \$200
- Workbooks for a full class - \$300
- Food for a 16-member class session - \$150
- Price per class participant - \$600

Monthly Information Meetings for Prospective Getting Ahead Participants

Please remember that we hold monthly information meetings for prospective participants for Getting Ahead on the **second Thursday of each month**, from 10:00-11:00 a.m., Jill Johnson, Getting Ahead Coordinator, reviews the process and answers questions that attendees might have about the program.

The GA process is a sixteen-week self discovery for participants...to learn about themselves, the eleven resources the material outlines, and the journey from poverty to sustainability.

If you know anyone who would be interested in learning more about Getting Ahead, please encourage them to attend one of these important meetings.

Upcoming information meeting dates are:

- May 11, 2017**
- June 8, 2017**
- July 13, 2017**

Important Meeting Times in May

Information Meeting for Getting Ahead Prospective Participants

Thursday, May 11 10:00-11:00 a.m.
CCMC

Mentor Orientation

Thursday, May 11 11:00 a.m.-noon
CCMC

Bridge to Hope Breakfast Meeting

Wednesday, May 17 8:00-9:30 a.m.

Hot Springs Chamber of Commerce

Seating limited - RSVP requested to awilson@ccmchs.com



Cooperative Christian Ministries and Clinic
www.ccmchs.org



STAY CONNECTED: